



Are YOU a Runner?

We Need Subjects for a Research Study!

Ever had pain in your feet, knees, hips or back with running? Are your hamstrings always tight? Help us with a research project designed to learn more about flexibility and injury.

You could be part of this new research that could improve running efficiency and decrease injuries! The study is easy and there is no pain, no drugs, and no needles involved.

Study requires two short, easy sessions at Creative Rehab with experienced physical therapists. Must be 18-60 years without physical therapy treatment in the last three months to participate. Call today to schedule your first session.

- Compensation is available
- Increase your understanding of your flexibility
- Be part of a novel research project
- Learn a new stretching technique

To sign up contact Creative Rehab, Center for Sports, Wellness and Rehab at (847) 362-9171 or e-mail CREAT.PT@gmail.com Creative Rehab is located in Gurnee, IL or Libertyville, IL.

Learn more about CREAT at www.CREAT.PT.com

Learn to Stretch!



CREAT

Creative Research, Education, and Training



Tight Muscles?

We Need Subjects for a Research Study!

Are you ever stiff from sitting all day at work?
Are your hamstrings always tight? Participate in this
new research project designed to learn more about
flexibility and injury.

You could be part of this new research that is designed
to improve flexibility and decrease common injuries!
The study is easy and there is no pain, no drugs, and no
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